

# 2026 Challenge Junior Xiamen Competition Rules

## I.Event Date & Location

Nov 8, 2026

Meifeng Sports Park, Tong'an Romantic Coast, Xiamen

## II.Organization

### (I) Guiding organization

Xiamen Municipal Bureau of Sports

Tong'an District People's Government of Xiamen Municipality

### (II) Hosts

Xiamen Cultural Tourism Investment and Development Group Co., Ltd.

### (III) Supporter

Cultural and Tourism Bureau of Tong'an District

### (IV) Organizer

Xiamen Cultural Tourism Sports Event Operation Co., Ltd.

### (V) Co-host

Xiamen Triathlon Sports Association

## III.Participants

Children and teenagers aged 4-15

## IV.Competition Distance & Groups

### (I)Competition Distance

| (II)<br>Group<br>Setting<br>s &<br>Age<br>Requir<br>ement<br>s | Division         | Distance | Swim  | Bike                   | Run   | Age  |
|----------------------------------------------------------------|------------------|----------|-------|------------------------|-------|------|
|                                                                | Junior( 7.35km ) | 7.35 km  | 350 m | 5 km                   | 2 km  | 7-15 |
|                                                                | Junior ( 2.1km ) | 2.1 km   | 100 m | 1.2 km<br>PUSH<br>BIKE | 800 m | 4-6  |

### 1. Junior ( 7.35km )

|             |              |     |
|-------------|--------------|-----|
| Boys' Group | Girls' Group | Age |
|-------------|--------------|-----|

|        |        |       |
|--------|--------|-------|
| M7-8   | F7-8   | 7-8   |
| M9-10  | F9-10  | 9-10  |
| M11-12 | F11-12 | 11-12 |
| M13-15 | F13-15 | 13-15 |

## 2. Junior (2.1km)

| Boys' Group | Girls' Group | Age |
|-------------|--------------|-----|
| M4-6        | F4-6         | 4-6 |

Note: A participant's age is determined by their age on December 31 in the year of the event.

## V. Eligibility

(I) Each participant can only register for one group, in accordance with the group settings and age requirements.

(II) Changing group will not be allowed after registration. If an athlete is unable to participate due to injury or illness, he/she may submit a written withdrawal letter to the organizing committee to be approved.

(III) Athletes should be in good physical condition and carry out check-ups and monitoring in accordance with the "Guidelines on Physical Examination for Participating Athletes" (Appendix I) by China Triathlon Sports Association to ensure their suitability for the race.

(IV) The race includes three events of swimming, cycling and running, and has high physical requirements for the athletes, who should be in good health and have long-term exercises or training.

(V) Athletes should have competition insurance according to the rules.

## VI. Competition Methods

### (I) Competition Rules

The latest version of World Triathlon Competition Rules and China Triathlon Sports Association Penalty Rules for Violations will be implemented. Special regulations and precautions are as follows:

### 1. Swim

(1) Rolling Start will be used for the Swim.

(2) Athletes must wear the swimming caps provided by the organizing committee, otherwise they will be disqualified from the competition.

(3) Junior (7.35km) athletes **must use the "Swimming Safety Buoy (Float Bag)"**, which should be connected to the body by a rope (cable) with a length of at least 40 cm, and should not be directly bound to the body.

(4) Junior (2.1km) athletes **must use the "Swimming Safety Buoy (Float Bag)"**, which should be connected to the body by a rope (cable) with a length of at least 40 cm, and should not be directly bound to the body. Arm rings or back floats can be used.

**(5) Any stroke can be used for the Swim.**

## **2. Transition Area**

(1) Athletes must find their personal location according to the signboard information in the transition area and place their bicycles and gear in their personal area. Things not related to the race must not be checked in the transition area.

(2) Cycling, taking others' space, and marking are not allowed in the transition area. Violators will be warned and corrected.

(3) The helmet buckle should remain unfastened when parking the bicycle before the race. After the swim, the helmet must be worn and fastened properly in the transition area before touching the bicycle. After finishing cycling, the bicycle must be parked well in the transition area before removing the helmet. Violators will be warned and corrected.

(4) Mount line (green) and dismount lines (red) are part of the transition area. Athletes must mount their bikes after the mount line and dismount before the dismount line to enter the transition area. Violators will be warned and corrected.

(5) After cycling, athletes shall enter the transition area and wear the race bib in front of the torso before the run. Violators will be warned and corrected.

## **3. Bike**

(1) Athletes must ride to the right side and pass on the left. No side by side riding or drafting. No passing at sharp turns. Violations will result in time penalty and even disqualification.

(2) Athletes must ride along the race route. Turning around early or taking shortcuts will be

disqualified from the competition.

(3) Helmets must be securely fastened on the head during cycling. Violators will be warned and even disqualified.

(4) Dangerous riding is not allowed during cycling, such as standing for a long time, riding with the handlebars off, and riding in an "S-shaped" pattern. Violations will result in time penalty and even disqualification.

(5) If an athlete withdraws from the race for any reason, he/she should immediately inform the referee or race staff and return the timing chip. No returning to compete after withdrawing.

#### **4. Run and Finish**

(1) Athletes must run and finish the race according to the race distance and route of their respective groups.

(2) Athletes must count their own laps. Failure to complete laps or taking shortcuts will result in disqualification.

(3) Athletes must wear sports shoes for the run. Crawling will not be allowed. Violators will be disqualified.

(4) Athletes must wear bibs during the run. Disobeying referee's correction may result in disqualification.

(5) If an athlete withdraws from running for any reason, they should immediately inform the referee or race staff and return the timing chip. Returning to compete will not be allowed after withdrawing.

Note: After passing the finish line, athletes should pick up finisher's materials as instructed and wait for their parents in the "recovery area". They might not be allowed to leave the area without permission. Parents must carry the athlete's valid identity document and can only take the athlete off the field after confirmed by the race staff.

#### **(II) Equipment and Gear**

1. Athletes must bring their own competition uniforms, swimming goggles, swimming safety floats (mandatory, must be worn during the race), bicycles, bicycle helmets, running shoes and other equipment, which must comply with the competition rules.

2. PUSH BIKE for Junior (2.1km) athletes should no bigger than 18 inches, without pedals, and without sharp pointed parts to avoid injury to others.

3. Athletes' competition uniforms must comply with the following regulations:

(1) During the entire competition (including swim), a bare torso will be prohibited, and uniforms must not be off the shoulders;

(2) It is recommended to use one-piece uniforms. In case of two-piece uniforms, the upper and lower parts must overlap;

(3) No signs or content that violates laws and regulations, sports ethics and public order and social customs can be shown on the uniforms.

(4) Any temporary tattoos stickers, other than race bibs, will not be allowed during the competition.

4. Athletes may use safety gear such as elbow pads and knee pads.

5. Inspection of uniforms and equipment will be carried out during check in and when entering the transition area on the race day. No separate inspection before the competition.

### (III) Cut-off times

| Distance         | Swim cut-off | Final Cut-off |
|------------------|--------------|---------------|
| Junior (7.35 km) | 20 minutes   | 70 minutes    |
| Junior (2.1 km)  | 5 minutes    | 30 minutes    |

Note: In case of irregular situations, the organizing committee is empowered to decide on early cut-offs, which athletes shall follow.

### VIII. Referees (Technical Officials)

Race Supervisor (i.e. Race Safety Delegate) and Technical Delegate will be appointed by China Triathlon Sports Association, while other referees will be assigned by the organizing committee.

### VIII. Prizes and Awards

(I) Awarding will be based on age groups, and the award for each event cannot be received repeatedly. The top 3 of each age group will get trophies and prizes:

| Group / Event    | Junior (7.35 km)                 | Junior (2.1 km)                  |
|------------------|----------------------------------|----------------------------------|
| Individual Group | Top 3 of men and women age group | Top 3 of men and women age group |
| Awards           | Trophy                           | Trophy                           |

### (II) Finisher's Award: TBD

(III) Finishers can receive awards by their bibs. Athletes shall keep their bib for inspection. Those who do not have the bib will not be accepted.

(IV) Race results might be subject to change due to complaints or chip problems. In the event that rankings appear different from those shown on the award day, please refer to the updated notification for the correct information. Athletes shall waive claims for it.

(V) Race results will be given in soft copy only, no papers.

## IX. Registration

### (I) Entry fee (CNY)

| Event            | Early Bird<br>Junior (2.1 km): Limited to 50<br>entries;<br>Junior (7.35 km): Limited to<br>200 entries | Regular<br>Apr 10 - Sep 30 |
|------------------|---------------------------------------------------------------------------------------------------------|----------------------------|
|                  |                                                                                                         |                            |
| Junior (7.35 km) | ¥ 499                                                                                                   | ¥ 699                      |
| Junior (2.1 km)  | ¥ 399                                                                                                   | ¥ 599                      |

Note: The registration fee includes admission to the welcome dinner at the five-star hotel, complimentary high-resolution photos, race backpack and race kit. Upon finishing the race, participants will receive a finisher jersey, medal, bath towel and other items. Junior Triathletes must be accompanied by a parent for dinner access. Parents wishing to attend the welcome dinner shall purchase a dinner ticket at RMB 188 per person. Each parent is permitted to bring up to two participants.

### (II) Registration time & Field Size

Registration closed by 16:00 Sep 30.

Registration Number: 500 for **Junior (7.35 km)**, 100 for **Junior (2.1 km)**.

### (III) Registration method and Contact

1. Registration can be made through WeChat Mini-APP "Xiamen Sports Group Events" and the official website of Challenge Xiamen.
2. In case of unable to register online, please submit your documents to registration office via email to [service@challenge-xiamen](mailto:service@challenge-xiamen).
3. Registration will be closed by Sep 30.

(IV) Check in process: identity verification → confirm insurance → check deep water certificate(or related race result certificate) → sign Statement of Entry, Statement by Guardian of Minor Athlete (Appendix II) → Race Packet Pickup

Please provide the following materials upon check in:

(1) Original and photocopy of valid personal ID.

(2) Proof of insurance, subject to the following conditions:

1. Original and photocopy of the insurance policy (photocopy shall submit to the organizing committee) .
2. According to the Triathlon Competition Rules, each competing athlete must have personal insurance against accidental injury and sudden illness during the competition. In case of accidental injuries, the medical aid and other related expenses shall be borne by the athlete on their own. Athletes' personal insurance must cover 1 day before the competition , competition day and 1 day after(three days in total). The insurance scope of compensation must include but not limited to death and disability caused by accidents and by sudden illness (including sudden death and heat stroke), medical treatment for accidental injuries and sudden illness. The compensation amount of death and disability caused by accidents and sudden illness should not be less than RMB 500,000, and the medical treatment for accidents and sudden illness no less than RMB 30,000. In accordance with the relevant laws and regulations of the China Banking and Insurance Regulatory Commission, the compensation amount of death and disability caused by accidents and sudden illness for children under 10 years old should not be less than RMB 200,000.
3. If an athlete fails to show proof of insurance according to the above requirements, they must apply for insurance at the race area, otherwise will not be allowed to compete.

(III) Original and photocopy of deep water certificate

Athletes without a valid deep water certificate must take a triathlon swimming proficiency test in the race area and can only compete after passing the test. Athletes holding a Junior Ironman Technical Rating Certificate, or a valid record of triathlon or swimming competitions within three years may not provide the deep water certificate.

Note: Review of the deep water certificate is only the minimum eligibility for the triathlon. Passing the review does not guarantee that the athlete would complete the competition safely. Athletes must listen to their body and take their own responsibility.

(IV) Physical Consultation

Athletes shall conduct the physical exam and monitoring according to the “Guidelines on Physical Examination for Participating Athletes” (Appendix I) to ensure that they are in good health for the competition. If an athlete has any questions about whether his or her physical fitness qualify for the competition, he or she can consult a doctor when check in.

(V) Sign “Statement of Entry”, “Statement by Guardian of Minor Athlete”

Upon check in, all athletes must provide “Statement of Entry” and “Statement by Guardian of Minor Athlete”(Appendix II) signed by themselves and their legal guardians.

(VI) Race Packet Pickup

Athletes must present their valid ID and be accompanied by their guardian or legal representative for packet pick up. The organizing committee reserves the right to deny race packet to athletes who are ineligible for the competition.

IX. Others

(I) Matters not mentioned herein and supplementary notices will be posted on the official website.  
Please check [www.challenge-xiamen.com](http://www.challenge-xiamen.com)

(II) The right to interpret these rules belongs to the organizing committee. Contact:  
[service@challenge-xiamen.com](mailto:service@challenge-xiamen.com)

2026 Challenge Junior Xiamen

厦门铁人三项公开赛 · 小铁人赛

比赛日程表

Race Schedule

| 日期                                                | 时间          | 内容                                                                                 | 地点                                |
|---------------------------------------------------|-------------|------------------------------------------------------------------------------------|-----------------------------------|
| 11 月 7 日<br>(星期六)<br><br>Nov. 7<br><br>(Saturday) | 9:30-17:00  | 小铁人、小小铁人组别运动员<br><br>报到、领取参赛物品<br><br>Challenge Junior Registration 7.35km & 2.1km | 美峰体育公园<br><br>Meifeng Sports Park |
| 11 月 8 日<br>(星期日)<br><br>Nov. 8<br><br>(Sunday)   | 9:00-12:00  | 小铁人、小小铁人组别运动员<br><br>报到、领取参赛物品<br><br>Challenge Junior Registration 7.35km & 2.1km | 美峰体育公园<br><br>Meifeng Sports Park |
|                                                   | 9:30-10:30  | 小铁人深水测试<br><br>Challenge Junior Swim Ability Test                                  | 游泳出发区<br><br>Swim Start Area      |
|                                                   | 12:00-13:30 | 小铁人赛转换区开放交车<br><br>Challenge Junior Transition Area Open<br><br>Bike Check-In      | 转换区<br><br>Transition Area        |
|                                                   | 13:00-13:45 | 芯片和泳帽领取<br><br>Chip and Swim Cap Collection                                        | 游泳检录区<br><br>Swim Check-in Area   |
|                                                   | 13:45-14:00 | 开幕式<br><br>Challenge Junior Open Ceremony                                          | 游泳出发区<br><br>Swim Start Area      |

|  |             |                                                         |                          |
|--|-------------|---------------------------------------------------------|--------------------------|
|  | 14:00       | 小铁人组别 7.35km 比赛开始<br>Challenge Junior 7.35km Race Start | 游泳出发区<br>Swim Start Area |
|  | 15:00       | 小小铁人组别 2.1km 比赛开始<br>Challenge Junior 2.1km Race Start  | 游泳出发区<br>Swim Start Area |
|  | 15:00       | 小铁人赛颁奖仪式<br>Challenge Junior Awards Ceremony            | 终点区<br>Finish Area       |
|  | 15:00-16:00 | 小铁人赛转换区开放取车<br>Challenge Junior Bike Check Out          | 转换区<br>Transition Area   |

此日程安排将综合考虑报名情况、场地条件、竞赛运行等因素进行必要调整。

This schedule will also make necessary adjustments considering registration, venue conditions, competition running and other factors.