

2025 Challenge Xiamen Competition Rules

I. Event Dates & Location

Dates: Nov 1-2, 2025

Location: Tong'an Romantic Coast, Xiamen

II. Level of the Event

Level C of China Triathlon Sports Association

III. Organization

(I) Guiding organizations

China Triathlon Sports Association

Xiamen Municipal Bureau of Sports

Tong'an District People's Government of Xiamen Municipality

(II) Host

Xiamen Sports Industry Group Co., Ltd.

(III) Supporter

Cultural and Tourism Bureau of Tong'an District

(IV) Organizer

Xiamen Sports Industry Group Event Operation Co., Ltd.

(V) Co-host

Xiamen Triathlon Sports Association

IV. Participants

Triathlon professionals, group and individual members registered in China Triathlon Sports Association, triathlon enthusiasts.

V. Competition Distance & Groups

(I) Competition Distance

1. Nov 1st, Saturday

	Total Distance	Swim	Bike	Run
Middle Distance	113km	1.9km	90km	21.1km

2. Nov 2nd, Sunday

	Total Distance	Swim	Bike	Run
Olympic Distance	51.5km	1.5km	40km	10km
Sprint Distance	25.75km	0.75km	20km	5km
Duathlon	50km	5km (Run)	40km	5km

(II) Group settings & age requirements

Group		Age
Middle Distance 113km (24 groups)		
Men Pro Group	Women Pro Group	18+
Men 18-24	Women 18-24	18-24
Men 25-29	Women 25-29	25-29
Men 30-34	Women 30-34	30-34
Men 35-39	Women 35-39	35-39
Men 40-44	Women 40-44	40-44
Men 45-49	Women 45-49	45-49
Men 50-54	Women 50-54	50-54
Men 55-59	Women 55-59	55-59
Men 60-64	Women 60-64	60-64
Men 65-69	Women 65-69	65-69
Men 70-74	Women 70-74	70-74
Olympic Distance 51.5km (20 groups)		
Men 18-24	Women 18-24	18-24

Men 25-29	Women 25-29	25-29
Men 30-34	Women 30-34	30-34
Men 35-39	Women 35-39	35-39
Men 40-44	Women 40-44	40-44
Men 45-49	Women 45-49	45-49
Men 50-54	Women 50-54	50-54
Men 55-59	Women 55-59	55-59
Men 60-69	Women 60-69	60-69
Men 70-74	Women 70-74	70-74
Sprint Distance 25.75km (10 groups)		
Men 16-29	Women 16-29	16-29
Men 30-39	Women 30-39	30-39
Men 40-49	Women 40-49	40-49
Men 50-59	Women 50-59	50-59
Men 60-74	Women 60-74	60-74
Duathlon 50km (10 groups)		
Men 16-29	Women 16-29	16-29
Men 30-39	Women 30-39	30-39
Men 40-49	Women 40-49	40-49

Men 50-59	Women 50-59	50-59
Men 60-74	Women 60-74	60-74

Note:

1. A participant's age is determined by their age on December 31 in the year of the event.
2. For all groups, if there are only 3 or less than 3 registered, the group should be canceled and the participants will be moved to the neighbouring group. Please follow the official start list for specific changes.

VI. Eligibility

(I) Each participant can only register for one event.

(II) Those who have an epidemiological history and symptoms such as fever, cough, fatigue, sore throat, sneezing, diarrhea, vomiting, etc. within 7 days before the competition or have just recovered within 30 days are not recommended to participate in the competition.

(III) According to the World Triathlon Competition Rules, each competing athlete must have personal insurance against accidental injury and sudden illness during the competition. In case of accidental injuries, the medical aid and other related expenses shall be borne by the athlete on their own. Athletes' personal insurance must at least cover 1 to 2 days before the competition (based on the time of arrival at the competition area), competition days and 1 day after. The insurance scope of compensation must include but not limited to death and disability caused by accidents and by sudden illness (including sudden death and heat stroke), medical treatment for accidental injuries and sudden illness. The compensation amount of death and disability caused by accidents and sudden illness should not be less than RMB 500,000, and the medical treatment for accidents and sudden illness no less than RMB 30,000. The compensation amount of death and disability caused by accidents and sudden illness for special people (children and the elderly) should be implemented in accordance with the relevant laws and regulations of the China Banking and Insurance Regulatory Commission.

(IV) Athletes shall carry out pre-competition physical check-up and monitoring in accordance with the "Guidelines on Physical Examination for Participating Athletes"(Appendix I) by China Triathlon Sports Association to ensure that they are in good physical condition and are able to adapt to the environment of a triathlon. The tests and results of the physical exam must be in accordance with the the above mentioned Guidelines, otherwise shall not be allowed to compete.

(V) Minor athletes shall provide the "Statement of Entry" (Appendix II) signed by themselves and their legal guardians during registration, and only those who pass the review can compete.

(VI) Athletes aged 60 and over shall submit their previous certificates in any of the triathlon Middle Distance, Olympic Distance, Sprint Distance competitions, or full marathon, half marathon within the past 2 years to go through review for registration. Athletes aged 70 and over shall submit the "Statement of Entry" (Appendix II) and the "Physical Checkup Certificate" (refer to Appendix I) signed by themselves and their spouses/children, as well as certificates in any of the triathlon Middle Distance, Olympic Distance, Sprint Distance competitions, or full marathon, half marathon within the past 2 years for review.

(VII) Change of athletes or group will not be allowed after registration.If an athlete is unable to participate due to injury or illness, he/she may submit a written withdrawal letter to the organizing committee, and a certificate from a county-level or above hospital to be approved.

(VIII) No substitution is allowed after the release of the start list (7 days before the competition).

VII. Competition Methods

(I) Competition Rules

The latest version of World Triathlon Competition Rules and China Triathlon Sports Association Penalty Rules for Violations will be implemented.

(II) Equipment, Uniform and Gear

1. Athletes shall provide their own equipment and gears such as bicycles, uniform and helmets, and shall comply with the relevant provisions of the competition rules .

2. Athletes' uniform shall comply with the relevant provisions of the latest version of the "China Triathlon Sports Association Rules on Athletes' Uniform and Equipment".

3. Athletes may use mountain bikes and flat handlebar bikes, but they must pass the inspection of the organizing committee to confirm compliance with the safety regulations. Drafting during the cycling race is prohibited for both Pro Group and Age Group. The bicycle draft zone for the Middle Distance Pro Group is 20 meters long, while for the Age Group of Middle Distance, Olympic Distance, Sprint Distance and Duathlon is 12 meters.

4. Age Group athletes must use the "Swimming Safety Buoy (Float Bag)", which should be connected to the body by a rope (cable) with a length of at least 40 cm, and should not be directly bound to the body.

5. Uniform and equipment check for Age Group athletes will be carried out on the race day when checking in and entering the transition area. No separate check before the race. If athletes are not sure whether their uniform and equipment comply with the rules, they can refer to the Technical Officials after the technical meeting before the race.

(III) Scoring

Individual members and free individual members registered with the China Triathlon Sports Association who participate in Middle Distance, Olympic Distance and Sprint Distance Age Group races and obtain valid results will receive individual points. The champion for the Middle Distance Age Group will receive 300 points, for the Olympic Distance Age Group 150 points, and for the Sprint distance Age Group 75 points. The champion's points will be regarded as the base points. The points will be decreased by 7.5% for every position, and will be accurate to two decimal places.

(IV) Competition Ethics and Discipline

The management of competition ethics and discipline will be based on the "China Triathlon Sports Association Management on Competition Ethics and Discipline" (please refer to the "Rules and Regulations" on the official website).

(V) Anti-doping

Anti-doping will be carried out in accordance with the relevant national laws and regulations, the relevant provisions of the China Anti-Doping Agency and the China Triathlon Sports Association Anti-Doping Management Rules (No.16 of CTSA [2021]).

Athletes are requested to understand and comply with the anti-doping rules, pay attention to the medication safety, choose and use nutritional supplements carefully, actively cooperate with the doping tests and investigation, raise the awareness of self-protection, and supervise each other to report the doping violations, so that we can jointly maintain a fair, just and healthy competition environment. In the event of doping violations, strict and severe penalties will be imposed in accordance with relevant laws and regulations.

(VI) Sports Arbitration

Disputes occurring during the event may apply to the China Sports Arbitration Commission for arbitration in accordance with the law.

(VII) Cut-off times

Distance	Swim cut-off	Bike cut-off	Final Cut-off
Middle Distance	90 minutes	5 hours 30 minutes	8 hours
Olympic Distance	70 minutes	2 hours 40 minutes	4 hours
Sprint Distance	35 minutes	1 hour 20 minutes	2 hours
Duathlon	50 minutes (Run)	2 hours 40 minutes	3 hours 30 minutes

VIII. Referees (Technical Officials)

Race Supervisor (i.e. Race Safety Delegate) and Technical Delegate will be appointed by China Triathlon Sports Association, while other referees will be assigned by the organizing committee.

IX. Prizes and Awards

The top 3 places of the Middle Distance Pro Group will receive trophies, and the top 6 will be awarded prize money in euro as follows:

	1	2	3	4	5	6
Men Pro (Middle Distance)	5000	2900	1900	1200	900	600
Women Pro (Middle Distance)	5000	2900	1900	1200	900	600

Note:

Prize money includes personal income tax, which will be paid by the organizer on behalf of athletes.

The top 3 in the Middle Distance Age Group will receive trophies and prizes, and the top 6 in the Age Group will be qualified for 2026 The Championships in Slovakia.

The top 3 in the Age Group of Olympic Distance, Sprint Distance and Duathlon will receive trophies and prizes.

X. Registration

(I) Entry fee (CNY)

Group	Super Early Bird (RMB/¥)	Early Bird (RMB/¥)	Regular (RMB/¥)
Sprint Distance	599	699	799
Olympic Distance	699	799	899
Middle Distance	1199	1399	1499
Duathlon	599	699	799

Note:

Participants registered for Super Early Bird with no refund will get Challenge Xiamen customized Float Bags (Swimming Safety Buoy), which will be received before the race during packet pick-up.

(II) Registration time

Super Early Bird registration: Jan 15 - Feb 14, 2025;

Early Bird registration: Feb 15 - Jun 13, 2025;

Regular registration: Jun 14 - Sep 30, 2025.

(III) Field Size

Registration Number: Middle Distance: 800; Olympic Distance: 800; Sprint Distance: 200; Duathlon: 100. Successful registration is subject to approval of registration and payment of entry fees. The registration information will be reviewed by the organizing committee.

(IV) Refund Policy

1. Before February 14, 2025, 80% of the entry fee can be refunded;
2. Before June 13, 2025, 60% of the entry fee can be refunded;
3. During June 13 - October 10, 40% of the entry fee can be refunded;
4. During October 10 - race days, no refund will be allowed. Participants can pay an additional 40% of the regular prize to transfer the race qualification to the very next year in the same group.

In special circumstances, please submit your application materials to the official email address of the organizing committee for review: service@challenge-xiamen.com.

Results will be given after review. There are no reserved spots for the race, and participants shall not transfer, sell, or donate their qualification to others for any reason.

Violations will result in immediate disqualification from the competition, with no refund of the entry fees, and will be banned from future Challenge Xiamen races.

(V) Registration method

Registration can be made through WeChat Mini-APP and the official website of Challenge Xiamen.

(III) Registration Materials

Provide relevant materials and register online according to the requirements of the online registration system.

(IV) Registration Contact

In case of unable to register online, please submit your documents to registration office via email to service@challenge-xiamen.

XI. Check in

(I) Check in time & place

Time: 9:30-18:00, October 31; 9:30-17:00 November 1 (TBD)

Place: Meifeng Sports Park

(II) Check in process and requirements

During check in, the organizing committee will verify the athlete's identity, request for the athlete's signature on the "Statement of Entry" and retain the original, check the athlete's deep water certificate (or relevant race results), and provide medical consultation services to determine whether the athlete's physical health conditions qualify for the competition.

Please provide the following materials upon check in:

1. Original and photocopy of valid personal ID.
2. Original and photocopy of the insurance policy, subject to the following conditions:
 - ① The insurance is for the athlete himself/herself;
 - ② The validity period of the insurance should cover 1 to 2 days before the race to 1 day after the race;
 - ③ The insurance coverage must at least include accidental death, disability and accidental injuries medical treatment, and the amount of accidental death and disability insurance must be at least 500,000 RMB, and the amount of accidental injuries medical treatment insurance must be at least 30,000 RMB.
 - ④ If the athlete fails to show proof of insurance according to the above requirements, they must apply for insurance at the race area, otherwise will not be allowed to compete.
3. Original and photocopy of deep water certificate

Athletes without a valid deep water certificate must take a triathlon swimming proficiency test in the race area and can only compete after passing the test. Athletes holding a Triathlon Amateur Technical Rating Certificate, or a valid record of triathlon or swimming competitions within three years may not provide the deep water certificate.

Note: Review of the deep water certificate is only the minimum eligibility for the triathlon. Passing the review does not guarantee that the athlete would complete the competition safely. Athletes must listen to their body and take their own responsibility. All athletes must sign the “Statement of Entry” upon check in.

4. Physical Consultation

Athletes shall conduct the physical exam and monitoring according to the “Guidelines on Physical Examination for Participating Athletes” (Appendix I) to ensure that they are in good health for the competition. If an athlete has any questions about whether his or her physical fitness qualify for the competition, he or she can consult a doctor when check in.

5. Upon check in, all athletes must provide a signed “Statement of Entry”(Appendix II) . Minor athletes should submit one signed by themselves and their legal guardians, while athletes over 70 submit one signed by themselves and their spouse/child.

XII. Accommodation and Transportation

(I) Official hotels & Transport Information

Please refer to the official website for transport information.

XIII. Others

(I) Matters not mentioned herein and supplementary notices will be posted on the official website. Please check www.challenge-xiamen.com

(II) The right to interpret these rules belongs to the organizing committee. Contact: service@challenge-xiamen.com